

C★A★M★O

Glove and Shinguard Requirements 2013

§ 713. Shinguards

All contestants who have less than three (3) amateur MMA fights shall wear shinguards approved by CAMO during competition that meet the following specifications:

- Shinguards shall be made of neoprene construction and be tightly fitted to the shin and free of buckles, straps, or exposed Velcro.
- Shinguards shall be black and/or white in color only.
- Shinguards that are unduly obtrusive, cumbersome or in such poor condition that CAMO or its representative determines that it will not effectively protect the contestant and/or his or her opponent, shall not be approved.

Any contestant with three (3) or more verifiable amateur MMA fights shall not be required to wear shinguards during competition.

Examples of Styles Approved

(NOT Brand Specific. Available at any MMA retailer)



Examples of Styles NOT Approved



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§ 709. Gloves-Weight.

All contestants shall wear CAMO approved gloves weighing a minimum of approximately 6 ounces that are black in color with white tops or knuckles. A list of gloves approved for competition by CAMO will be available on the CAMO website (www.camo-mma.org) and by written request.

Current Approved CAMO Gloves



Century® CREED™ MMA Training Gloves

Available for Purchase at:

www.centurymartialarts.com

www.mmawarehouse.com

Other retailers



CAMO MMA Glove: Built To Fight

Available at:

CAMO Headquarters (213) 908-2185

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